

# Spring Cleaning...

## for busy people

### 15 minute Living Room Clean Up

- Grab all supplies & put them in one spot
- Put all items that don't belong in the living room in a container
- Vacuum/brush couch & fluff pillows
- Dust the coffee table & arrange the contents
- Vacuum/sweep the floor

### 15 Minute Bathroom Clean Up

- Put all dirty clothing in a hamper
- Grab all trash & place in the trash can
- Wipe down the sink & tub with disinfectant wipes
- Scrub the inside of the toilet with a toilet brush & cleaner
- Wipe the outside of the toilet with a disinfectant wipe
- Wipe down the mirror with glass cleaner
- Sweep or mop

### 15 Minute Kitchen Clean Up

- Run a sink full of hot, soapy water
- Scrape off all dishes into trash/garbage disposal
- Soak dishes in water or run them in the dishwasher
- Clear out trash from floor, counter tops, etc.
- Wash down counter tops, appliances, & the sink
- Sweep, mop, or vacuum
- Take out the trash

### 15 Minute Kid's Room Clean Up

- Put all dirty clothing in a hamper
- Grab all trash & place in the trash can
- Make the bed
- Grab up all clean clothes & refold or rehang
- Pick up all toys from the floor, bed, etc.
- Sweep, mop, or vacuum

## Some quick cleaning tips...

### Scrubbing Tips

- Read the directions FIRST!!!
- Use a nylon scrub pad or a soft-bristled scrub brush
- Use water (hot/warm usually works best, but read the instructions first!)
- Move in a circular motion applying light pressure
- Let sit for 3-5 minutes
- Rinse with a damp cloth, then use a dry cloth to dry the surface completely

### Kitchen Cleaning Tips

- To clean burned food on a pan, add dish soap & ½ cup of water. Bring to a boil, then let cool.
- To clean a microwave oven: mix 2 tbsp. of lemon juice or vinegar & 2 cups of water in a 4 cup glass (microwavable safe) bowl. Microwave on HIGH for 2-3 minutes & wipe the microwave with paper towels. Repeat as necessary.
- To clean sluggish drains, pour ½ a cup of baking soda down the drain. Add ½ cup of white vinegar & cover the drain. Let sit for a few minutes, then pour 8 cups of boiling water down the drain to flush it.
- Put lemon or lime pieces along with a couple of tablespoons of baking soda & ice cubes down the garbage disposal for a fresher scent. Run the disposal & hot water at the same time to rinse.

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